

breakfast all day long

eggs benedict

We start with two poached eggs on a toasted English muffin topped with homemade hollandaise

City Ham the original...\$10.99

Crab Cake a Sun Rise specialty...\$12.99

Smoked Salmon...\$10.99

Sun Rise Benedict with avocado, grilled red onion and sliced tomatoes...\$10.99

 **Shrimp and Spinach**...\$11.99

eggs and more eggs

Eggs All Ways

Two eggs fried, scrambled, sunny up or poached with your choice of bacon or sausage patties/links, hash browns or grits and choice of toast...\$6.99

Breakfast Burrito

Scrambled eggs, sausage, peppers, onions and cheddar wrapped in a flour tortilla with homemade salsa and hash browns or grits...\$8.99

Hamptons Brunch

 Two eggs any style with New York strip and sliced tomatoes...\$13.99

Shrimp Hash

Sautéed shrimp, peppers, onions and broccoli with hash browns, topped with two eggs any style and hollandaise...\$12.99

Create an Omelet *For egg whites or egg beaters add 99¢*

A three egg omelet served with hash browns or grits and choice of toast. Prepared with your choice of three ingredients: ham, bacon, sausage, tomatoes, jalapeños, onions, mushrooms, bell peppers, spinach, American, cheddar or Swiss...\$9.99

Add any of the above for 50¢ per item

Low Carb Scram

Scrambled eggs with ham, cheddar, onions, peppers and mushrooms served with side of bacon or sausage patties/links...\$9.99

The Incredible Edible and...

Two eggs cooked to order served with hash browns or grits, choice of toast and a

New York strip...\$13.99 Handmade crab cake...\$12.99

Fried frog legs...\$9.99 Bone-in city ham steak...\$10.99

Early Bird

6:00-8:00 am
Eggs All Ways
\$5.99

gets the
Special

Legend has it eggs Benedict originated at Manhattan's famous Delmonico's when regular patrons, Mr. and Mrs. Benedict, complained. The maître d' and Mrs. Benedict began to discuss the possibilities of new lunch items and eggs Benedict was born.

on the side

Cheese to eggs...75¢

One egg anyway...\$1.25

One egg beater...\$1.50

One egg white...75¢

Grits...\$1.99

Cheese grits...\$2.50

Hash browns...\$1.99

Crinkle cut fries...\$1.99

Bacon (3)...\$2.99

Country ham...\$2.99

City ham...\$2.99

Sausage (2)...\$2.99

Turkey sausage (2)...\$2.99

Ham steak...\$6.99

Crab cake...\$8.99

Smoked salmon...\$5.99

New York strip...\$9.99

Grapefruit half...\$2.99

Fruit...\$2.99

Cream cheese...\$1.00

Peanut butter...75¢

English muffin...99¢

Biscuit...99¢

Bagel...\$1.50

Toast...99¢

Bagel with cream cheese...\$2.50

Fruit pancake...\$4.00

Pancake...\$3.50

Cereal...\$1.99

Irish oatmeal...\$4.50

Raisins...50¢

Green beans...\$1.99

Sliced tomato...\$2.50

Sour cream...50¢

Guacamole...99¢

Avocado...\$2.99

Salsa...50¢

Gravy...\$2.99

classics and bakes

Smoked Salmon

Served with cream cheese, capers, onions, cornichons and a toasted bagel...\$9.99

Biscuits and Gravy

Homemade and topped with sausage gravy...\$6.99 1/2 order...\$3.50

Pancakes

Served with choice of bacon or sausage patties/links...\$6.99

Your choice of banana rum, or apple cinnamon pancakes with choice of bacon or sausage patties/links...\$7.99

French Toast

Texas toast with cinnamon sugar and vanilla – served with choice of bacon or sausage patties/links...\$7.99

Quiche

It takes a real man to eat quiche...and a really big man to laugh at him for doing it. Recipe changes; so ask your server what's in the "du jour" today – served with hash browns or grits...\$9.99

 **Strata**

It's a layered egg, sausage, onion and cheese baked dish with our own chili sauce – served with hash browns or grits...\$9.99

want fruit?

substitute
fresh fruit for
grits or
hash browns
\$1.50

Outside of the southern states, iced tea is served unsweetened or "black" and most people have never even heard of sweet tea.

South Carolina was the first place in the United States where tea was grown in 1795 and is the only state to ever have produced tea commercially.

open 7 days a week PalmettoBaySunRiseCafe.com

let's do lunch

Ask about our daily
blue plate special



snax

Shrimp Cocktail

The classic...\$8.99

Paté with Cheese and Fruit

Stew knows paté...\$9.99

Crab Wontons

Stewlicious – green chile and crab wontons with a sweet chili sauce...\$9.99

Sun Rise Oysters

Apalachicola oysters fried and served with a light chive horseradish cream sauce...\$8.99

Chicken Fingers

served with honey mustard...\$5.99
add crinkle cut fries...\$7.99

salads

Homemade dressings

Caesar

Italian

Green Goddess

Ranch

Balsamic Vinaigrette

Blue Cheese

Also available

French

Honey Mustard

House Salad

Romaine lettuce, peppers, tomatoes, cheese and onions served with choice of dressing...\$4.99

Tiny Chopped Salad

Everything is small: cheese, lettuce, tomatoes, sunflower seeds, radishes, bacon bits and tossed with choice of dressing...\$7.50
with chicken...\$9.99
with shrimp...\$10.99
with crab cake...\$10.99

Caesars

As you know it...\$6.50
et tu chicken...\$9.99
et tu shrimp...\$10.99
et tu crab cake...\$10.99

soups

Soup du Jour

Recipe changes for the "du jour" so ask for today's selection
cup...\$4.50 bowl...\$5.50

She-Crab Soup

Made with sherry
cup...\$5.50 bowl...\$6.50

plates

Calabash

Combination of fried shrimp or oysters and fried white fish with crinkle cut fries and slaw...\$13.99

Potato Crusted Flounder

Served atop a chive horseradish cream served with saffron rice and green beans...\$12.99

Shrimp Provençal

Shrimp sautéed with tomatoes, garlic, mushrooms and white wine served with green beans and salad on plate...\$12.99

Southwest Chicken

Grilled chicken breast topped with homemade salsa and melted cheddar with green beans and salad on plate...\$10.99

New York Strip

Hand cut strip served with crinkle cut fries and green beans...\$13.99

lo-carb it
substitute
salad on the plate
for the starch
on any entrée

sandwiches

Sandwiches served with choice of
Slaw • Crinkle cut fries • Field pea salad • Chips

Tuna Melt

Albacore white tuna salad with tomato and cheddar on a toasted English muffin...\$8.99

Turkey

Topped with avocado, sprouts, cucumber and mayo on your choice of bread...\$8.99

French Dip

Thinly sliced NY strip served on a hoagie roll with au jus...\$9.99

Cafe Burger

The classic – with lettuce, tomato and onion...\$8.00
with choice of American, cheddar or Swiss add 50¢

Wimpy Burger

Small burger with pickles...\$4.99 double...\$5.99
with choice of American, cheddar or Swiss add 50¢

Leslie Burger

Burger topped with green olives, cream cheese, bacon and mayo...\$8.99

Chicken Wrap

Tortilla with grilled chicken, Swiss cheese, and roasted red peppers...\$9.50

Grilled Chicken Club

Grilled chicken with lettuce, tomato, bacon and melted cheddar on a bun...\$9.99

Crab Cake

On a bun with lettuce, tomato, onion and side of tartar...\$11.99

Grilled Cheese

Choice of American, cheddar or Swiss...\$5.50
add spinach...\$1.00 add bacon...\$2.50 add tomato...\$1.99

Shrimp Scampi

Grilled garlic shrimp with melted asiago on an open faced roll...\$11.99

Ham 'n Cheese

Grilled ham with cheese and tomatoes and choice of bread...\$8.99

Black Bean Burger

Pan fried with cheddar, homemade salsa and guacamole...\$8.50

Veggie

Tomato, lettuce, sprouts, avocado, and havarti dill with roasted garlic aioli on your choice of bread...\$8.99

Bacon, Lettuce & Tomato

The classic – on your choice of bread...\$7.99

Egg Salad Melt

Homemade egg salad with a touch of horseradish topped with bacon and melted Swiss on a toasted English muffin...\$7.99

bread
white
wheat
rye

The sandwich, as we know it today, is generally attributed to John Montagu, 4th Earl of Sandwich, in 1762. During a 24 hour gambling streak he requested that his meal not interfere with his game. The cooks gave him sliced meat between two pieces of toast. A meal that could be eaten with one hand.

beverages

full bar available

Lemonade, tea,
soda or coffee...\$2.25

Hot tea or cocoa...\$1.99

Juice or milk:
sml...\$2.25 lrg...\$2.99

Herbal teas...\$2.25

open 7 days a week PalmettoBaySunRiseCafe.com