

farm fresh eggs

All selections below include a side of hash browns and choice of toast.
Substitute Creamy Cheddar Grits for potatoes. Egg Beaters and egg whites are also available.

TWO EGGS ANY STYLE

- With Hash Browns and Toast 6
- With Local Farm Breakfast Sausage, Links or Patties 9
- With Apple Wood Smoked Bacon 10
- With Sugar Cured Country Smoked Ham 10
- With Slow Roasted Corned Beef Brisket Hash 12

specialties

Served with hash browns.

EGGS BENEDICT

Two Poached Eggs and Sliced Wood Smoked Canadian Bacon, Toasted English Muffin with Hollandaise Sauce 11.25

EGGS FLORENTINE WITH GREEN TOMATOES

Poached Eggs, Sautéed Baby Spinach, Griddled Green Tomato on an English Muffin, with Low Country Mustard Hollandaise 11

SOUTHERN BENEDICT

Two Poached Eggs, Local Farm Sausage Patties, Toasted English Muffin and Our Signature Local Sausage Gravy 11.75

SMOKED SALMON PLATE

Toasted Bagel with Cream Cheese, Smoked Salmon, Onions, Capers and Fresh Dill 12

BEACHSIDE BREAKFAST BURRITO

Scrambled, Farmhouse Cheese, Avocado, Cilantro and Bacon 10

OCEAN SIDE BREAKFAST SANDWICH

Scrambled Eggs, Cheddar Cheese, your choice of Sausage or Bacon on an Oversized Croissant, served with Cottage Potatoes or Fruit 9.75

bagels + toast

BAGEL Toasted, Served with Cream Cheese 3

TOAST 2 Slices, 100% Whole Wheat, Rye, White, or English Muffin 3

omelets

Served with cottage potatoes and your choice of toast.

CREATE YOUR OWN

Bacon, Ham, Mushrooms, Peppers, Onions, Tomatoes, Spinach, Jalapeño, Salsa, Cheddar or Swiss 10

THE FARMHOUSE

Applewood Smoked Bacon, Sugar Cured Ham, Breakfast Sausage, Onions, and Aged Wisconsin Cheddar Cheese 10.75

BEACHSIDE EGG WHITE + VEGETABLE

Sautéed Mushrooms, Onions, Green Peppers, Fresh Spinach, Diced Tomatoes, and Finished with Swiss Cheese and a Side of Fresh Fruit 10

HEALTHY START FRITTATA

Egg Whites, Our Daily Organic Produce, and Swiss Cheese, Served with Fresh Fruit 9.5

18% gratuity included for parties of 6 or more.

Sonesta Hilton Head Resort is not responsible for lost or stolen items.

pancakes +
waffles

BUTTERMILK PANCAKES
Three Fluffy Cakes Stacked High,
Served with Warm Maple Syrup 8.5

CHOCOLATE-HAZELNUT PANCAKES

Three Cakes Layered with
Chocolate Nutella, Served with
Vanilla Whipped Cream and
Warm Chocolate Syrup 8.75

CRISPY SOUTHERN WAFFLE
Our Golden Brown Waffle
Served with Warm Maple Syrup
and Whipped Butter 8

STRAWBERRY NAPOLEON WAFFLE
Belgian Buttermilk Waffle Points
with Strawberry Compote, Chantilly Cream
and Chocolate Sauce 9

ALMOND FRENCH TOAST
Thick Sliced French Bread, Almond
Egg Batter with Vanilla and Nutmeg,
Served with Maple Syrup 9.75

CINNAMON RAISIN FRENCH TOAST
Filled with Cinnamon-Raisin Mascarpone
and Drizzled with a Caramel Cream,
Served with Warm Maple Syrup and
Whipped Butter 9.75

Heyward's
RESTAURANT

exceptional steaks | succulent seafood | outstanding wine

oatmeal +
granola +
cereals

TROPICAL FRUIT + SEASONAL MELON
Pineapple, Oranges, Grapefruit,
Star Fruit, Seasonal Melon with
Vanilla Yogurt and Mint 8

OLD FASHION OATMEAL
Country Style Rolled Oats with
Brown Sugar, Sliced Bananas
and Fresh Berries 6.75

WILD BERRY OATMEAL CRUNCH
Piping Hot Oatmeal with
Fresh Blueberries, Strawberries,
Blackberries and Granola 7.25

HALF RUBY RED GRAPEFRUIT 6

**BERRIES + YOGURT PARFAIT
WITH HOUSE MADE GRANOLA**

Mixed Assortment of Berries,
Served with Plain Yogurt, Layered
with House Made Granola 7

SELECTION OF CEREALS
Assorted Kellogg's Brand Cereals
with Whole, Low Fat or Skim Milk 4.5
Add Fresh Berries 4
Add Bananas 2

beverages

**FLORIDA FRESH
ORANGE JUICE 3.75**
GRAPEFRUIT JUICE 3.75
CHILLED JUICES 2.75
Tomato, V8, Apple, Cranberry

COFFEE 2.75
HOT TEA SELECTION 2.5
CAPPUCCINO, LATTE MOCHA 3.75
MILK, CHOCOLATE MILK 2.75

* When dining out or at home, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.