

FRESH BAKED GOODS



MUFFINS

Blueberry, Banana Nut, Orange Cranberry, Peach Morning Sunrise (Carrot Cake), Chocolate, Raisin Bran

\$3.25

DANISHES

Apple, Blueberry, Cherry, Cheese

\$2.95

CINNAMON APPLE BUNS

\$3.25

PECAN STICKY BUNS

\$3.25

FILLED CROISSANTS

Chocolate, Strawberry and Cheese

\$2.95

BLUEBERRY BISCUITS

\$2.25

Jumbo Cookies

WHY DOES THE S.C. FLAG FEATURE A CRESCENT MOON & PALMETTO?



Col. William Moultrie designed the flag for the Revolutionary Council of Safety in 1775. His design, used by S.C. troops during the American Revolution, was inspired by the militia's blue uniform and crescent featured in the emblem on militia caps. The palmetto was added in 1861 in honor of Moultrie's defense of the palmetto log fort on Sullivan's Island against British attack in 1776. Due to their spongy nature, the palmetto trunks absorbed cannonball hits with little or no damage.

HOT & COLD BEVERAGES

ASSORTED BREWED COFFEES

European Select, Colombian Gourmet Decaf, Southern Pecan, Hazelnut

SPECIALTY COFFEES

Cappuccino, Latte, Mocha, Iced Coffee
Single Espresso/Double Espresso

SPECIALTY TEAS

Lipton Sweet & Unsweetened Tea - Assorted Teas: Earl Grey Lavender, English Breakfast, Tropical Green, Honeybush Caramel

SOFT DRINKS

Pepsi, Diet Pepsi, Sierra Mst, Mt. Dew, Pink Lemonade, Dr. Pepper

BOTTLED BEVERAGES

Sea Pines Bottled Water, Gatorade, SoBe Lifewater

JUICE

Orange, Apple, V8, Cranberry



FROM THE GARDEN

VEGGIE WRAP

Honey wheat wrap piled high with Romaine lettuce, sliced tomatoes, carrots, peppers, onions, cucumbers, cheese & choice of dressings

\$7.95

BIG GARDEN SALAD

Crisp Romaine lettuce, red & green peppers, banana peppers, onions, carrots, cucumbers & tomatoes

\$6.95

(Add chicken salad, egg salad or tuna salad \$3.00)

CHEF SALAD

Ham, turkey, American & Swiss cheeses, hard-boiled egg served on top of a big garden salad

\$9.95

CAESAR SALAD

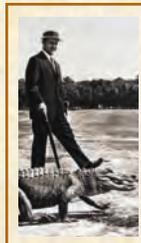
Crisp Romaine lettuce, tossed with caesar dressing, herb croutons & Parmesan cheese

\$6.95

(Add grilled chicken \$3.00)

CHOICE OF DRESSINGS

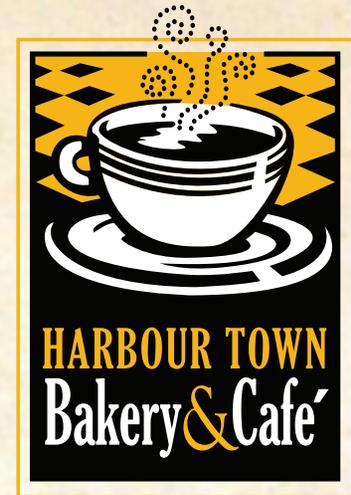
Balsamic Vinaigrette, Ranch, Blue Cheese, French, Fat Free French, Italian, Fat Free Italian, Honey Mustard, Thousand Island



CHARLES E. FRASER, VISIONARY & PIONEER

Charles E. Fraser, founder of The Sea Pines Resort, was a respected visionary and eco-development pioneer. The resort is considered one of the first

environment-oriented master planned communities and has served as a model for developers worldwide. The magazine image here (c. 1964), featuring Fraser strolling with "Albert" the alligator, has become a famous icon and Albert's descendants can be found basking in the sun throughout the resort.



TAKE US WITH YOU ON YOUR NEXT OUTING, TO THE BEACH, ON THE COURSE, OR ON THE BOAT WITH OUR FRESH-MADE BOXED LUNCHES!



PLACE YOUR ORDERS IN ADVANCE

(843) 363-2021

ORDERS OF 12 OR MORE MUST BE MADE 2 HOURS IN ADVANCE OF PICK-UP

140 LIGHTHOUSE ROAD, HILTON HEAD ISLAND, SC



HOT BREAKFAST

MONDAY-SATURDAY 7-11:30 AM
SERVED ALL DAY ON SUNDAYS

ON THE FLY

Egg & cheese sandwich on a bagel or croissant with choice of bacon or sausage. with meat \$6.95 without meat \$4.95

SOUTHERN BREAKFAST

Two eggs, any style, served with toast & choice of bacon or sausage & home fries or cheese grits \$8.95

HOT CAKES, FRENCH TOAST &

WAFFLES

- Buttermilk Pancakes \$7.95
- Barana Walnut Pancakes \$8.95
- Blueberry Pancakes \$8.95
- Golden French Toast \$6.95
- Classic Waffle \$6.95

Above served with butter & maple syrup
(Add whipped cream sliced bananas or strawberry topping \$0.95)

DORIS' HASH

Comed beef hash served with two eggs, any style, choice of toast \$7.95

SMOKED SALMON BAGEL

Smoked salmon on a toasted bagel served with cream cheese, diced onions, tomatoes & capers \$9.95

BAKERY QUICHE

Ham & cheese quiche served with fresh fruit \$7.95

THE BREAKFAST BLT

Two eggs over well, American cheese, bacon, lettuce, tomato & mayo - sandwiched on two slices of wheat toast \$7.95

One Egg	\$1.15	Grits	\$1.83
Two Eggs	\$1.95	Home Fries	\$1.83
Bacon	\$1.95	Toast	\$0.92
Sausage	\$1.95	Croissant	\$0.92
Fruit	\$2.95	Bagel	\$0.92
Hash	\$4.13	Yogurt	\$1.38



LUNCHTIME FROM THE GRILL

STARTING DAILY AT 11:30 AM
ALL SANDWICHES SERVED WITH A CHOICE OF SIDE: POTATO SALAD, PASTA SALAD, MEDITERRANEAN SALAD, FRUIT OR ASSORTED CHIPS

REUBEN

Choice of pastrami or turkey with Swiss cheese, sauerkraut, Thousand Island dressing on grilled rye \$8.95

CHICKEN QUESADILLA

Grilled chicken, Monterey jack & cheddar cheese, onions & peppers served in a flour tortilla \$9.95

ADULT GRILLED CHEESE

A twist on the classic grilled cheese with added bacon & tomato served on grilled sourdough \$7.95

ANGUS HAMBURGER

7 oz. fresh burger served on soft potato roll \$8.95

(Add cheese \$0.95 Add bacon \$0.95)

BBQ PULLED PORK SANDWICH

Pulled pork served in BBQ sauce on soft potato roll \$8.95

PIZZA

9-inch cheese pizza served with choice of two toppings: bacon, ham, pepperoni, pineapple, sun-dried tomatoes, peppers or onions \$7.95

(Add chicken or sausage \$2.00)

THE HISTORY BEHIND THE HARBOUR TOWN BAKERY BUILDING

Long before the Harbour Town Lighthouse was built, per Charles E. Fraser's vision, another lighthouse was erected mid-island. It was used primarily as a lookout for German U-boats during WWII and featured a lighthouse keeper's cottage, which was moved to The Sea Pines Resort during the 60s. Many locals reported seeing a strange bluish apparition, later named "The Blue Lady," wandering in and around the building which became the home of the Harbour Town Bakery & Café.



MORE LUNCH FROM THE DELI

THE CLUB

Triple decker with ham, bacon, turkey, lettuce, tomato, mayo and American cheese served on white or whole wheat toast \$9.95

BLT

Bacon, lettuce, tomato and mayo served on sourdough toast \$6.95

BUILD YOUR OWN DELI SANDWICH

CHOICE OF BREAD:

White, wheat, rye, wrap, hoagie roll, croissant or sourdough

CHOICE OF MEATS & DELI SALADS:

Ham, turkey, pastrami, roast beef, chicken salad, tuna salad or egg salad

CHOICE OF CHEESES:

American, cheddar, provolone or Swiss

ADD YOUR OWN FIXINGS:

Lettuce, tomato, onion, cucumbers, peppers, mayo and mustard

CHOICE OF SIDE:

Assorted chips, potato salad, pasta salad, fruit salad or Mediterranean salad \$8.95

DAILY ADDITIONS STARTING AT \$7.95 SOUP SERVED SEASONALLY

KID'S CUISINE

Served with choice of chips or fruit and a fountain drink or milk

PB&J \$5.95

Grilled Cheese \$5.95

Kid's Deli Sandwich \$5.95

50,000 UNION TROOPS OCCUPIED HILTON HEAD DURING THE CIVIL WAR

During the Civil War, Hilton Head Island became the transfer point for prisoners of war and the wounded, as well as Union soldiers heading to battle and tons of supplies. At one point, the number of troops reached 50,000. Who knows? You may be sitting and dining exactly where Union troops were sitting and dining more than 100 years ago!

